

Adult Summer Program

Monday

8:30-10am Doubles Troubles Intermediate (Ct 3)
6:30-8pm Men's Team Drills (Cts 5,6 and 7)
6:30-8:pm USTA 3.5 Seniors (Cts 1, 2 and 3)
8-9:30pm Instant Tennis (Cts 1 and 2)

Pros

John C/Lance
John C

Tuesdays

9-10am Cardio Tennis (Ct 3)
10-11am Stroke of the Week (Ct 3)
6:30-8pm Ladies Team Drills (Cts 5,6 and 7)
6:30-7:30pm Cardio Tennis (Ct 3 – Free June only)
8:00-9:30pm Adult Drill and Play (Cts 1 and 2)

Lance
John C

Wednesday

8:30-10:00am Singles Strategy for USTA Leagues (Ct 3)
6:30-9:30pm 4.0 Ladies (Cts 1,2,and 3)

Thursdays

9-10:30am Instant Tennis for Beginners (Ct.3)
6:00-9:00pm STL Men Doubles League "C" Matches (Cts 5,6 and 7)
5:30-6:30pm Cardio Tennis (Ct 3 – Free June only)
6:30-9:30pm USTA 3.5 and 3.0 (alternate) (Cts 1, 2 and 3)

Friday

8-9am Cardio Tennis (Ct 3)
9-10am Stroke of the Week (Ct 3)
7:00pm - Special Events

Saturday

8-9am Cardio Tennis (Ct 3) Lance
10-11:30 am Instant Tennis (Ct 1) Peter C.

Sunday

8:30-10:30am Men's Scrambles (Cts 5, 6 and 7)