

Longfellow Children's Center "Sprouts"

Infant/Toddler Program Daily Schedule

3 months through 3 years of age

Monday through Friday 8:00 am – 6:00 pm by reservation only 508-358-0710

- 8:00-8:30 Open play in the toddler gym
8:30-9:00 Diapering, toileting, wash up and snack time
9:00-10:30 Story time/circle activities/curriculum
9:30-10:30 Monday and Wednesday - dance with Miss Lana
Friday – art fun with Corrine
10:30-11:20 Gross motor activity time in the gym w/TC and outdoor play
(Note: groups rotate through dance and gym/music activities in age-appropriate clusters)
11:20-11:30 Diapering, toileting and wash up for lunch
11:30-12:00 Lunchtime
12:00–12:15 Brush teeth, toilet time
12:15 – 1:00 outdoor play, weather permitting or free play in classrooms
1:00-3:00 Naptime*
*As children wake up they have diaper changes/toileting/wash up/drinks
3:00 – 3:30 M W Th- Musical Movement w/TC
Tuesday 3:30 – 4:00 art activities w/Erin
Friday 3:00 – 4:00 creative movement with Corrine
After activity- Snack, Diapering, toileting, wash up
4:00-6:00 Outdoor play/ manipulatives and stories in classroom

Children under 15 months are attended to on an as-needed basis for their individual toileting, diapering, napping and bottle-feeding needs. Please pack a labeled bag with a change of clothes, labeled bottles and/or pacifiers (we supply diapers) and portable crib sheet labeled with the child's name. If your older child will be here during our naptime (1:00–3:00), please include labeled portable crib sheets and special blankets or toys for a comfortable rest period. We supply all snacks and lunch (additional fee) for all children over 15 months of age. We do not allow any outside foods once children are over 15 months for the protection of our children with allergies, unless the child has allergies for which we cannot safely provide food. This determination will be made by the director with parental guidance. We are a peanut and nut-free facility. Thank you for respecting this safety guideline.

Children attending our program are grouped in age appropriate classes for curriculum and gym classes. To ensure placement in one of our classes, we ask that you call at least 24 hours in advance. We cannot exceed our licensed capacity under any circumstances. **Likewise, we ask that you cancel or modify a reservation no less than 24 hours in advance of the appointment start time, or we will charge for the full reserved time. There are no exceptions to this rule!!** This enables us to maintain our "drop-off" flexible program. Your cooperation is appreciated.

