



Fun Fitness for Kids

NEW!!!

‘ Middle School Yoga ’

This class is only for Middle School students! Get focused and more flexible and stronger!

\$90 for Family Members
\$105 Couple/Individual members
\$120 Non-Members

Starts: Thursdays September 23 - November 18, 2010

Ages 5 - 9 years old

9 - week Session

4 pm - 4:45 pm

Hot House Yoga Studio



Pre-Registration is required. **There is a 6 - child minimum to run the class.**
For registration form & details please see back of this sheet.

'Middle School Yoga' Registration Form

Child(ren)'s Name(s): _____

Age: _____
Age: _____

Parent/Guardian Name: _____

Home Tel: _____

Cell: _____

Address: _____

Town: _____ Zip: _____

Dates: Thursday Sept. 23rd - Nov. 18th - 9 weeks!

Cost per session: **\$90 for Family Members/\$105 Couple/Ind.members/\$120 Non-Members**

Payment: Please circle. Cash Check Credit Card Amount: \$ _____

Credit Card Number: _____ Expiration Date: _____

Signature: _____ Date: _____

Children's Program Refund Policy:

I have read and I understand the following: No refunds will be made. Requests accompanied by a doctor's note for illness will receive credit. There are no partial refunds/refunds for absence or no shows. It is understood and agreed that any accident or illness claim will be covered by the parent's insurance. Longfellow Sports Club assumes no responsibility for illness or accidents. We reserve the right to dismiss any child whose behavior is detrimental to the overall good of the program.

Signature: _____ Date: _____

For further information, please contact the Children's Program Director,
Caroline Donahue, at (508) 653 4633 ext. 217
longfellowkids@gmail.com